



# Survivor News

**Remember: Insurance PAYS for 4 bras per year + 1 to 2 breast forms as medically necessary!**

*Have you had your mammogram, prostate, colon, or mole checked this year?*

**Reneé's Survivor Shop**  
5401 Secor Rd.  
Toledo, OH 43623  
419-471-0603  
rsurvivorshop.com

## Helping Others

The *7th Annual Golf Tournament* was a great success this year!

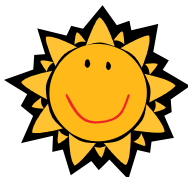
Thanks to all of our golfing friends, we were able to raise over \$3,000 to help cancer patients in our own community who are in financial hardship.

**AWESOME!**



Reneé has contacted all of our area hospitals, and their staff social workers will be referring people who are fighting cancer and difficult financial circumstances.

Our deepest “thanks!” to everyone who helped to make it all possible!



Ahhhhh -  
*Summer!!*

Don't sweat it -  
Stop by the Shop  
for Swim Forms  
and other summer  
care products!

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## MySassySleeve™ for Everyone!

MySassySleeve™ is a decorative, non-medical “tattoo” sleeve, created for breast cancer survivors and their supporters.

After surviving cancer herself, co-founder Margaret and her sister Monica were inspired to create a fashionable cover to wear over Margaret's lymphedema arm bandage.

The attention-getting designs motivated the sisters to expand the sleeve concept to include supporters, who often feel helpless with their inability to share their loved one's ordeal.

This is a *fun* and unique way for survivors and supporters alike to draw attention and awareness to the cause, and help raise funds for cancer research.

Whether you walk, run, or ride for the cure - or just for fun - wear MySassy Sleeve™ and show your support!

The tattoo sleeve features vibrant colors with trendy designs. Made of 90% nylon and 10% lycra, the sleeves are serged with elastic stitching at the top, seamed in back, and serged at the wrist for easy slip on, slip off comfort.



## 50% Off Just What You Need!

Wow! Reneé has a super selection of items that are **50% Off** right now in the shop!

Clothing, keychains, hats, jewelry, and much more is priced to *move it out* - and save you money, too!

We must move some stock in prepara-

tion for all the new things we want to bring in!

For Yourself -  
Or a Gift for a Loved One!

Load up the car with your friends, and come on out to the Survivor Shop for these special sale prices!

*(leave enough room in the car for your shopping bags on the return trip, though!)*

Become a



Fan of Reneé's Survivor Shop!

## A Survivor's Story

In 2001 I found a lump under my right arm. I had an ultrasound and a biopsy. Even though both came back negative, my surgeon was still suspicious of the shape and removed the mass.

To everyone's surprise, especially mine, they found cancer. Additional surgery revealed more cancerous areas. At age 36, with two daughters ages 12 and 8, I faced chemo, the loss of 17 lymph nodes and 36 rounds of radiation.

This was not supposed to happen to women my age!

I was unable to find a retail store where I could find products for my changing physical needs, while simultaneously receiving positive support to calm my ever increasing fear.

During this time I had a recurring dream about opening my own shop.

I shared my vision with people that possessed a great deal of common sense. The consensus was that it would be impossible. Thankfully, *impossible* is a word that leaves your vocabulary when you have cancer.

I was busy discovering the feeling of rejection from numerous financial institutions when a friend recommended a home mortgage loan. Everything started falling into place.

Reneé's Survivor Shop opened its doors on Secor Road and became what I had hoped, a haven for individuals and their families.

We offer Lymphedema/Edema treatments and education through Cindy Robertson OT/L. Besides offering a complete line of products including skin care, clothing, wigs, jewelry and nausea remedies we provide **HOPE.**

I have managed to survive during these tough economic times. I can thank the loyalty of my customers and their referrals for keeping our doors open. We have had to cut down on our staff and shorten our hours of operation. We accommodate our clientele by offering hours by appointment after regular business hours.

To offset some of the interest on my existing loans, I have been trying to get an ARC loan from the government. Since June things seem to be permanently stalled. I am certain things will come to fruition.

I am a survivor and I am counting on Reneé's Survivor Shop, like myself, to be around for years to come.

*Reneé Schick*

## LymphStar Pro® - Simply AMAZING

I know you've heard us talk about this before, but you have GOT to try it yourself to appreciate just how amazing the **LymphStar Pro®** really is!

Cindy Robertson, OT/L is an Occupational Therapist, with over ten years of experience in treating patients with lymphedema.

She is now providing treatments with the **LymphStar Pro®** device at Reneé's Survivor Shop to help clients manage their condition.

The device uses gentle sound pressure waves and a mild, electrostatic field to improve lymphatic flow, and allow a deeper lymphatic drainage than other forms of lymphatic massage.

We are seeing people receive better results with this device than with traditional therapy! Reneé herself has had amazing results!

Most clients are able to reduce or eliminate the use of other compression items, such as bandages or compression garments.

Treatments are provided in a private room at the Shop. They are not covered by insurance, but are offered at a cost that is comparable (or less!) than a lymphatic massage offered by therapists! Plus, the recipient receives lymphedema education



along with the treatment itself.

Most find the treatment sessions very relaxing, and find afterwards that their swelling symptoms have been relieved - which is the primary goal!

While a single treatment is not a "quick fix", you can call the Shop or call Cindy direct (419-297-4815) to schedule an appointment OR just ask questions about this amazing

device.

We have multiple letters on file from ecstatic customers who have used the **LymphStar Pro®**.

**Date: 22 January**  
**From: txxxx@buckeye-express.com**  
**Subject: testimonial**

*Due to long hours on my feet because of job requirements, I developed swollen feet and legs, along with arm, neck and shoulder pain from upper body repetitive motion. Getting no relief from conventional treatments, I tried the LymphStar Pro machine treatment for lymph drainage. I experienced remarkable improvement after several treatments, so much so that I purchased the machine for my own use. I have additionally noticed a remarkable reduction in legs and buttocks cellulite, and also a significant firming of my facial and neck areas.*  
**N.S.**

## Exceptional Skin Care

Radiation treatments and too much sun exposure can really do a number on our skin. Fortunately, there are things you can do to help prevent problems, as well as soothe ouchy skin irritations.

Reneé carries the A-Cute Derm line of Reprev™ skin care. She uses these creams herself - and **loves** them!

Specifically designed for cancer patients, their creams and lotions are perfect for anyone with dry skin. And their sunscreen is the best under the



sun! Waterproof and rub-proof (one application lasts 24 hours!), the sunscreen moisturizes while offering a higher, more consistent level of protection from UVA and UVB radiation.

And all Reprev™ products are fragrance free!

Stop by the Shop today, and experience these exceptional skin care products for yourself!

## As Seen On . . .



Dr. Phil has showcased Cleavage Coolers™ - those wonderful little gel packs that help you keep your cool!

We carry Cleavage Coolers™ - stop by the shop to check out all the styles!



Oprah loves the ENELL sports bra! It's for active women of all ages. Primarily designed for large breasted ladies, they also have B and C cup sizes for professional athletes and weekend warriors!



Listen to Rachel Ray, and stop flipping your pillow over to find the cool spot - ChillowPillow provides soothing, relaxing, lasting relief from the heat, and needs no refrigeration!



## New at Renee's: Headline It!®

Heat and humidity can turn a hat, helmet, or wig into a torture chamber. Now there's a way to get relief!

Whether you wear a construction hardhat, or a top hat in dressage competition - Headline It® disposable liners can wick away sweat and

keep you looking and feeling your best.

Headline It® was invented by the author of "Bald is Beautiful", who has alopecia hair loss. She was tired of her wigs becoming saturated with sweat during TaeKwonDo, and thus

Headline It® was born!

The liners have an adhesive strip, and can be worn under ANY kind of headgear for comfort: wigs, hats, scarves, bike helmets, surgical caps, etc. Come and see this great way to stay comfortable in the heat!

## Don't Sweat It!

## *Pambra's* Bra Liners Can Help

Ladies, we've all been there: it's a hot and humid day, and we're outside working in the garden, playing with the kids, or just sitting there when a hot flash strikes - and our bras capture all of the sweat from under our breasts.

Yuck. There are few things so annoying as a sweat-soaked bra.

But a woman from Wisconsin has created special bra liners that change all of that - and also help with irritation from underwires, too!

Wear *Pambra's* under your bra and it will keep your skin drier, prevent chafing and irritation, and prevent wetness from seeping into bra or clothing. It's comfy and inconspicuous, and tucks into the bottom of any bra.

*Pambra's* is made with a blended cotton/poly fabric and 100% cotton inside. The soft combination traps moisture inside, keeping you dry!

And *Pambra's* is machine washable - you can use them over and over again,

and they don't lose their shape or function.

There are styles available for everyone, including mastectomy patients and nursing pads!

With the "dog days" of summer still ahead, now is the time to get a package of *Pambra's* ! Stop by Renee's to choose your color preference, and don't sweat it any more!

## Lights of Encouragement



One of the latest additions to the Shop are these night lights - made by a local company!

These plug-ins have several different phrases to encourage you each day. We carry many styles!

Stop by the Shop, and choose a favorite for yourself, or a friend!



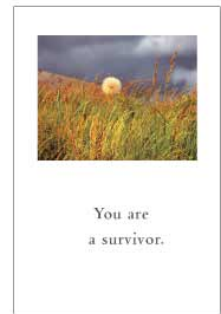
## New to the Shop



Fight Like A Girl items



Greeting cards that use few words to say a lot!



## Did you know . . .

At Reneé's Survivor Shop, we carry a large assortment of wigs and accessories. We have natural hair as well as synthetic hair wigs in all colors, along with natural hair eyebrows.

In a private room at the shop, we will work with you to choose the best wig for your needs.

Appointments may be set with the stylist to fit your schedule.

*It's like having your own personal stylist!*

Plus, we also can come to **you** when you are unable to come to the shop. For example, we have made a visit to hospice for a woman who needed a wig for an important family event; we have gone to the hospital for a patient who required a wig due to her radiation treatment.

Call us for details: 419-471-0603

Renee's Survivor Shop  
5401 Secor Rd.  
Toledo, OH 43623  
419-471-0603  
rsurvivorshop.com

Toll Free: 866-625-5550

E-mail: renee@rsurvivorshop.com

*"...for you and the survivor who has touched your life."*

Order Online 24/7  
www.rsurvivorshop.com

Renee's Survivor Shop, LLC  
is open:  
Monday-Friday 10 to 4 pm  
Saturday 10 to 2 pm

*These Are a Few of Our Favorite Things*

